



PLAYDOUGH RECIPE

Ingredients:

4 cups self-raising flour; OR 2 cups plain flour and 1 sachet/10g of Praf de copt (Baking Powder)
4 cups water
2 cups salt
3 sachets Sare de lămâie (citric acid)
4 tablespoons oil
1 sachet powdered food colouring (for dying eggs)

Method:

Place the oil in a large saucepan and swirl it round to coat it, then add all the ingredients and mix well (before cooking). Depending on food colouring- it may stain the saucepan.

Turn on medium heat and cook for 3 to 5 minutes, stirring constantly and making sure the base doesn't burn. It will come away from the sides of the saucepan when ready.

Once ready, and wearing gloves to prevent food colouring getting on your hands, lay out some baking paper and put the playdough on it to knead it until it forms a smooth and stiff dough. Let it cool and it's ready to play with.

Wrap it well in cling-wrap and place it in an air-tight container in the fridge to store it. It will last for 1-2 weeks. If it's not in the fridge that's ok, but it probably won't last as long.

Please note that you should keep an eye on small children whilst they play with playdough, as it's not for eating. However, if they eat it, don't worry too much as they are all consumable ingredients.