

## Introduction

In the Middle Ages, labyrinth was understood as a symbol of man's pilgrimage to his Creator. The only entrance (birth) and the only aim (God) - between which, there is a long complicated uncertain journey full of crossroads, decisions, losses, and findings.

Labyrinth has been used as a way of contemplation. In the many different paths, man could fully focus on his pilgrimage, isolating his mind from the outside world, leaving space for prayer and meditation.

This labyrinth is also about finding the way- at least a part of it. Every station should help the participants think about themselves, their life priorities, but most of all, about God. - We should do all we can to set the right atmosphere for them to go deeper, to seek, and maybe even renew their relationship with Christ.

### Guidelines:

- To be used on the second last day of camp. The participants should start the labyrinth in groups of two, 10-15 minute apart. After the first station, they go through the labyrinth at their own pace. At the same time, there will be time to sit and talk for those waiting to do the labyrinth or those who have finished.
- We recommend that there be people available to talk to at the end, for people to discuss how it went, how they felt, what was easy/ challenging/ funny etc.
- To create the right atmosphere, encourage the participants not to talk to each other during the labyrinth.
- It is important that the people go through it in the right order!
- Have one or two people wandering between the stations to make sure everything is ok.

## Stations

### 1. A Tree of my Life

What am I like? Where do I get nourishment from? What fruits do I bear?

As you think about these questions, draw and cut out your own tree which you can write your answers on. The individual parts of the tree represent:

Roots: people close to my heart; people who have formed me and helped me be who I am now; my other foundations

Trunk: myself

Branches: people I influence; people I can be a role model for; people I can help

*You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men. "You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven. (Matthew 5:13-16)*

When you are finished, go to station 2.

### **What will this look like?**

- Set up a somewhat large table (or tables) with all supplies (a stack of paper with a tree drawn on each paper, and pens) in the middle. Be sure this table has enough space for several people to work at the same time.
- Have one person stationed at this table to help people understand what to do.
- Print the verses (Matthew 5:13-16) in Romanian and English as well as the instructions for this station, and laminate them...place them on the table.
- Go to station 2.

## **2. Think and create**

Take some clay and think about the foundations of your life. What is it that fulfills your life? Try and shape it into the clay. When you're finished, put it in the bowl and go to station 3.

*I have come that they may have life and have it to the full.*

### **What will this look like?**

- Set up a table (or tables) with a bowl of clay/play dough in the middle. Also, have several pieces of wax paper on which people can create. Be sure this table has enough space for several people to work at the same time.
- If possible, have one person stationed at this table to help people understand what to do.
- Print the verses and instructions above in Romanian and English and laminate them...place them on the table.
- Have people make their clay "foundation." Once completed, have them put the clay/play dough back into the bowl.
- Go to station 3.

## **3. Dear ...**

Write a letter to yourself. Think about your character, life goals, relationships, work, ministry etc. What do you appreciate about yourself? What do you not like about yourself and know you need to change? What things in your life would you like to leave behind? Which people would you like to improve/restore your relationship with?

Try to come up with a real, practical plan for how you would like to transform your life.

After you've written the letter, put it in an envelope, seal the envelope, write your full mailing address on it and put the envelope in the box.

*"Better to die for something than to live for nothing." (Cornell Woolrich)*

*The only man who never makes a mistake is the man who never does anything. (Theodore Roosevelt)*

*Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.*

(Colossians 3:12-14)

Go to station 4.

**What will this look like?**

- Set up a table (or tables) and put all supplies on it (blank paper, pens, unsealed envelopes, and a box).
- Have one person stationed at this table to help people understand what to do. This person is not to help people come up with ideas, but only to answer questions about what to do.
- Print the verses, quotes and instructions in Romanian and English and laminate them...place them on the table.
- Have people write their letter, address the envelope and seal the letter in the envelope...placing the envelope in a box.
- Go to station 4.

**4. We all need to forgive, we all need to be forgiven.**

**Part 1**

Hurts and pains, broken relationships, unsaid words...

You now have a chance to let go of this all. Until we forgive, we won't find peace with ourselves and the world. If you can't find the strength to forgive that person, ask God to help you.

- Write the names of the people you want to forgive on one side of the rock you choose...

*Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Eph. 4:32)*

*Do not let the sun go down while you are still angry. (Eph. 4:26-27)*

**Part 2**

- Now, think about things you need to be forgiven for. God promises to forgive us our sins if we repent and ask forgiveness. Make a simple mark to represent all of them on the other side of the rock.

*For I will forgive their wickedness and will remember their sins no more. (Hebrews 8:12)*

*For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins. (Col. 1:13-14).*

**Part 3**

- Take the rock and throw it into the lake, sending your request for forgiveness to God, and letting go of the things you need to forgive...
- Take the potato and destroy it with the hammer, letting go of the things you need to forgive, and committing your request for forgiveness to God...

Go to station 5

### What will this look like?

- Set up a pile of rocks (If lake available) or potatoes (if no body of water). If using potatoes, also set up a large plastic tarp with a wood stump (or something similar) in the middle...and have a large hammer available and a bucket for crushed potatoes.
  - **If Lake** – this station should be set near within walking distance.
  - **If no Lake** – this station should be set up somewhere that if a potato piece misses the plastic tarp when crushed, it won't need to be picked up.
- Have one person stationed here to answer questions and direct people to the next station.
- Print 2 copies of the instructions, verses and quotes (in English and Romanian).
- **If Lake:** after people write these names on the rock, have them throw the rock into the lake.
- **If no Lake:** After people write these names on the potato, have them place it on the wood block on the plastic, and have them crush the potato with a hammer.

## 5. Sand

- Could be a key, very emotional station for some, too much pressure for others... Basically, people come to a room with these verses on. When they enter the room, they will need to put their hands in water and straight from there into the sand. Then one of the two leaders present will wash their dirty hands and dry them.
- Have the verses written out in big on the door (from the outside of the room☺), the instructions then by the bowls with water and sand.

### Step 1

At the beginning, God created man in His image. Man was perfect and clean. Therefore, put your hands in the water and wash them. (**“guests” wash hands but do not dry them**)

### Step 2

In his freedom, man has chosen to live without God. It is now easy for sin to attach – just like sand on wet hands. Put your hands in the bucket of sand. (**Guests put their hands in sand but do not clean them**)

*We all, like sheep, have gone astray, each of us has turned to his own way; and the LORD has laid on him the iniquity of us all. (Isaiah 53:6)*

### Step 3

We have a chance, though.

We do not deserve what God is offering to us. We have a chance to receive a lot more than we can imagine – God's grace. We can be washed clean. (**Leaders wash and dry the “guests” hands**)

*But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. (Romans 5:8)*

*For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive by the Spirit. (1. Peter 3:18)*

**What will this look like?**

- Set up in a private place (a room if possible) with a table which has a bucket of water and a bucket of sand on top. There should be another table with one bucket of water and towels.
- Have two people (leaders, one male, one female...who speak both Romanian and English would be best, serve people one at a time.)
- Print the verses in Romanian and English and laminate them...place them near the appropriate step (for example *Isaiah 53:6 would be near the sand, Romans 5:8 would be near step 3's water*).
- Put instructions on the door to wait until they are invited into the room.
- The 2 leaders should invite no more than 2 people into the room at a time...one person per leader. Each leader should speak the script one step at a time and give instructions to the "guests." Wait until the "guest" completes the task, then continue to the next step. PLEASE DO NOT RUSH. LET PARTICIPANTS THINK ABOUT WHAT IS HAPPENING.
- Instruct guests to go to station 6, and to invite in the next person.

## 6. Candle walk on Romans

The participants have to walk through this alone, read all these verses and at the end, they will have the opportunity to light a candle if they feel like they've become closer to God.

There will also be an opportunity to walk further on the candle walk and find a leader to talk and pray with.

Romans 3:23 "For all have sinned and fall short of the glory of God."

Romans 6:23a "...The wages of sin is death..."

Romans 6:23b "...But the gift of God is eternal life through Jesus Christ our Lord."

Romans 5:8 "God demonstrates His own love for us, in that while we were yet sinners Christ died for us!"

Romans 10:9,10 "...If you confess with your mouth Jesus as Lord, and believe in your heart that God raised Jesus from the dead, you shall be saved; for with the heart man believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation."

God loves us and wants us to be close to Him.

**Light a candle if:**

- You have come closer to God this week
- You are thinking more about what God wants for your life
- You have asked Jesus this week to redeem you
- You would like to invite Jesus to redeem you tonight

If you lit a candle, These leaders would also love to speak with you and pray with you.

**What will this look like?**

- Set up outside in a sandy area where fire will not be a safety risk and where candles can be placed.
- Have 3 candle lighters easily available.
- Print 1 copy of the verses and instructions on the same page in Romanian and English and laminate them. Each verse will be separately placed (in order) around the candle “sand pit.” As they read the verses, they will circle the candle sand pit, and at the end, they will read the “Light a candle if” instructions.
- Candles should be pre-placed in the sand with one lit before the labyrinth starts. These should be placed in the shape of a cross.
- Have two leaders (at least one who speaks Romanian, and at least one who speaks English) at this station available to speak with anyone who would like to speak more. These leaders may approach “guests” carefully and with great discretion to ask questions. It is very important for these leaders to be spiritually mature and discerning so as not to push “guests.”
- If guests light a candle, the leader may ask the person how they came closer to God. As the leader feels led, they may speak freely with participants but remember that we’re not here to force anything, only to present the truth and speak as the Lord opens doors.

## Things needed:

### 1. Tree of My Life

- Papers with trees drawn on them
- Pens or pencils

### 2. Think and create

- Clay – enough so that every participant can use a small piece to make something
- Large bowl – big enough to fit everyone's creation (could be more bowls if needed...)

### 3. Dear...

- paper, envelopes, pens
- a box where people can put their letters once completed
  
- The letters will then be sent to the participants three months later. It will be a nice reminder of the conference as well as the resolutions they might have made there and kept/haven't kept.

### 4. We all need to forgive, we all need to be forgiven

- Rocks/small potatoes, permanent markers
- If no lake, also need plastic tarp, large hammer and a wood stump on which to smash the potatoes

### 5. Sand

- a dark room is best for this.
- 1 buckets with water (part 1), 1 bucket/bowl with sand (part 2)
- each leader needs to have a large bowl with water, a towel (part 3)

### 6. Candle walk

- a good location!!! Best outside...
- Candles
- individual verses cut out and laminated
- leaders available

## 1. A Tree of my Life

What am I like? Where do I get nourishment from? What fruits do I bear?

As you think about these questions, draw and cut out your own tree which you can write names of important people in your life in the appropriate places. The individual parts of the tree represent:

- Roots: people close to my heart; people who have formed me and helped me be who I am now; my other foundations
- Trunk: myself
- Branches: people I influence; people I can be a role model for; people I can help

*You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men.*

*"You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven. (Matthew 5:13-16)*

## 2. Think and create

Take some playdough and think about the foundations of your life. What is it that fulfills your life? Try and shape it into the playdough. When you're finished, put it in the bowl.

*I have come that they may have life and have it to the full.*

## 3. Dear...

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Try to come up with a real, practical plan for how you would like to transform your life.

After you've written the letter, put it in an envelope, seal the envelope, write your postal address on it and put the envelope in the box. (no one will read it)

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*The only man who never makes a mistake is the man who never does anything. (Theodore Roosevelt)*

*Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. (Colossians 3:12-14)*

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## 6. Candle walk on Romans

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## 1. Copacul vietii mele

Cum sunt eu? De unde imi iau hrana? Ce fel de roade produc?

Pe masura ce te gandesti la aceste intrebari deseneaza si taie propriul tau copac pe care sa scri numele relevanta in locurile potrivite. Partile separate ale copacului reprezinta dupa cum urmeaza:

- Radacinile: persoanele apropiate inimii mele; persoanele care m-au format si care m-au ajutat sa devin cine sunt; celalalte fundatii ale mele
- Trunchiul: eu insumi
- Ramurile: persoanele pe care le influentez; persoane pentru care as putea fi un model, persoanele pe care le ajut.

<sup>13</sup> *Voi sunteți sarea pământului. Dar dacă sarea își pierde gustul, prin ce va fi făcută din nou sărată?! Nu mai este bună la nimic, decât să fie aruncată afară și călcată în picioare de oameni.* <sup>14</sup> *Voi sunteți lumina lumii. O cetate așezată pe un munte nu poate să rămână ascunsă.* <sup>15</sup> *Și nimeni nu aprinde un felinar ca să-l pună sub un oboroc, ci îl pune pe un suport și astfel el luminează tuturor celor din casă.* <sup>16</sup> *Tot așa să lumineze și lumina voastră înaintea oamenilor, ca ei să vadă faptele voastre bune și să-L slăvească pe Tatăl vostru, Care este în ceruri. (Matei 5:13-16)*

## 2. Gandeste si creaza

Foloseste niste platilina si gandeste-te la bazele vietii tale. Ce iti implineste viata? Incearca sa o formezi din plastilina. Cand ai terminat pune forma in bol.

*Eu am venit ca ei sa aiba viata si viata din belsug.*

## 3. Draga...

Adreseaza-ti o scrisoare. Gandeste-te la caracterul tau, scopurile vietii tale, realtiile tale, munca, slujirea, etc. Ce apreciezi la tine insuti? Ce nu-ti place la tine si sti ca ar trebui sa schimbi? Ce ai vrea sa lasi in urma cu viata ta? Cu care persoane ai vrea sa imbunatatesti relatia ta?

Incearca sa creezi un plan practic prin care sa iti schimbi viata.

Dupa ce ai scris scrisoarea, pune-o intr-un plic si sigileaza-l, scrie adresa ta postala si pune-l in cutie (nimeni nu o va citi).

*“Mai bine sa mori pentru ceva decat sa traiesti pentru nimic”(Cornell Woodrich)*

*“Singurul om care nu greseste niciodata este cel care nu face nimic.”(Theodore Roosevelt)*

<sup>12</sup> *Așadar, ca niște aleși ai lui Dumnezeu, sfinți și iubiți, îmbrăcați-vă cu o inimă plină de îndurare, cu bunătate, cu smerenie, cu blândețe, cu răbdare!* <sup>13</sup> *Îngăduiți-vă unul pe altul, iertați-vă unul pe altul ori de câte ori vreunul dintre voi are vreo nemulțumire împotriva altuia! Cum v-a iertat Domnul, așa iertați-vă și voi!* <sup>14</sup> *Dar, mai presus de toate acestea, îmbrăcați-vă cu dragostea, care le leagă pe toate într-o armonie perfectă! (Coloseni 3:12-14)*

#### 4. Noi toti trebuie sa iertam, noi toti trebuie sa fim iertati

Rani si dureri, relatii frante si vorbe nespuse...

Ai acum ocazia de a le lasa in urma. Pana nu iertam nu gasim pace cu noi insine si cu lumea. Daca nu gasesti putearea de a ierta persoana respectiva, cere-i lui Dumnezeu sa te ajute.

- Scrie numele persoanelor pe care vrei sa le ierti pe o parte de piatra...

<sup>32</sup> *În schimb, fiți buni unii cu alții, plini de compasiune, iertându-vă unii pe alții, așa cum v-a iertat și Dumnezeu, în Cristos. (Efeseni 4:32)*

*Nu lăsați să apună soarele peste mânia voastră!*<sup>27</sup> *Nu dați ocazie diavolului!*<sup>[b]</sup> (Efeseni 4:26-27)

- Acum gandeste-te la lucruri pentru care tu ai nevoie de iertare. Dumnezeu promite sa ne ierte greselile noastre daca le regretam si ne cerem iertare. Fa un semn simplu pentru a le reprezenta pe toate pe partea cealalta a pietrei.

*Căci voi fi îndurător în ce privește fărădelegile lor și nu-Mi voi mai aduce aminte de păcatele lor. (Evrei 8:12)*

<sup>13</sup> *El ne-a scăpat de sub autoritatea întunericului și ne-a adus în Împărăția Fiului Său iubit,*<sup>14</sup> *în Care avem răscumpărarea*<sup>[a]</sup>, *iertarea păcatelor. (Coloseni 1:13-14)*

Acum ia piatra si arunc-o in lac trimitand cererea ta de iertare catre Dumnezeu si eliberand toate lucrurile pe care trebuie sa le ierti...

#### 5. Nisip

La inceput Dumnezeu l-a creat pe om in chipul Sau. Omul era perfect si curat. Astfel puneti-va mainile in apa si spalati-le.

In libertatea sa omul a ales sa traiasca fara Dumnezeu. Acum este usor pacatului sa se lipeasca – asemenea nisipului pe mainile umede.

*Noi rătăceam cu toții ca niște oi, fiecare urmându-și propriul drum, dar Domnul a pus asupra Lui nelegiuirea noastră, a tuturor. (Isaia 53:6)*

Avem insa, o sansa.

<sup>8</sup> *Însă Dumnezeu și-a dovedit dragostea față de noi prin faptul că, în timp ce noi eram păcătoși, Cristos a murit pentru noi. (Romani 5:8)*

Noi nu meritam ceea ce Dumnezeu ne ofera. Avem ocazia sa primim mai mult decat ne-am putea inchipui – Harul lui Dumnezeu. Noi putem fii curatiti.

<sup>18</sup> *Căci și Cristos a suferit o dată pentru totdeauna pentru păcate – El, Cel Drept, pentru cei nedreți – ca să vă aducă la Dumnezeu. El a fost dat la moarte în trup, dar a fost făcut viu prin Duhul, (1 Petru 3:18)*

## 6. Calatorie cu lumanarea prin Romani

**Romani 3:23** “Caci toti au pacatuit si sunt lipsiti de slava lui Dumnezeu”

**Romani 6:23a** “Caci plata pacatului este moartea”

**Romani 6:23b** “Dar darul fara plata a lui Dumnezeu este viata vesnica prin Isus Hristos Domnul nostru”

**Romani 5:8** “Dar Dumnezeu isi arata dragostea fata de noi prin faptul ca pe cand eram noi inca pacatosi, Hristos a murit pentru noi”

**Romani 10:9,10** “<sup>9</sup> Dacă deci Îl mărturisești cu gura ta pe Isus ca Domn<sup>[a]</sup> și crezi în inima ta că Dumnezeu L-a înviat din morți, vei fi mântuit. <sup>10</sup> Căci prin credința din inimă se primește dreptatea și prin mărturisirea cu gura se primește mântuirea.”

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